

Whether you're looking for a refreshing dip in our pool, want to shoot some hoops with friends or enjoy a scenic view of Long Island Sound while walking on an indoor treadmill, the UConn Avery Point campus athletic facility has plenty to offer. Check out all that we have to offer with one of the best bargains in Southeastern Connecticut!

10% Discount for EBAC Members

UConn Avery Point Athletic Center Memberships include access to our:

COMPETITION SWIMMING POOL

6-lane, 25-yard lap fitness/competition pool with shallow play areas, swim lanes and open swim times. Pool temperature is maintained between 79-83 degrees year-round.

WEIGHT/FITNESS ROOM

Treadmills, elliptical trainers, step climbers, spin and fan bikes and free-weight equipment and plate loaded fitness machines, Squat racks, Bench Press and dumbbells.

GYMNASIUM

The UConn Avery Point gymnasium is a collegiate gym and has lines marked for basketball, volleyball & pickleball

Memberships also include discounts to programming events throughout the year

Remove By: 12/20/25 Approved By: CE